







nib Panel Discussion

Productivity and new ways of working





Powered by





The Great Resignation



intend to change jobs in the next 12 months despite not necessarily being unhappy.



When changing jobs employees are looking for:

flexible working hours/hybrid working, including working from office/home.



career development strategy that links to a recognition and rewards programme.



think health insurance is a key benefit when considering changing jobs.

Work and your Wellbeing

Understaffing has the biggest impact on workplace wellbeing.

Employees

wellbeing is impacted by not having enough staff at their workplace.



In the last 3 months, as a result of work:

of employees have experienced negative physical effects including fatique, problems sleeping and headaches.





of employees have experienced negative emotional impacts including irratability, anxiety and excessive worrying.



think offering private health insurance would help staff who have taken extended sick leave get back to work faster.



Proactive approach to Wellbeing

of those likely to stay in their iob, work for businesses that are proactive to wellbeing.





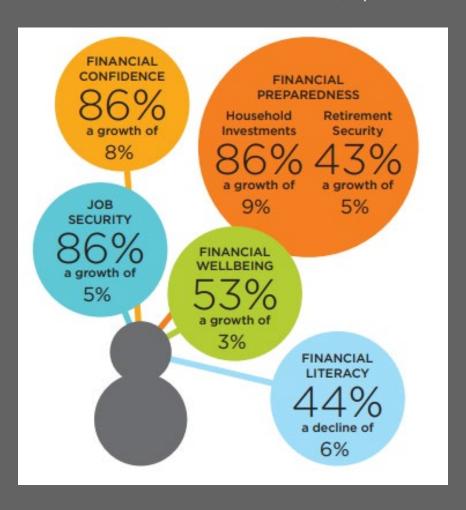
intend to invest in wellbeing benefits in the next 12 months.

Healthy employees mean healthy business. Get in touch to start the conversation about the wellbeing of your team: health.nib.co.nz/business | grouphealth@nib.co.nz | 0800 287 642



Trends in financial wellbeing

Source: Financial resilience trends in NZ. FSC, September 2022.



Scan the QR code for a chance to WIN either \$1,725 towards a one-year EMA membership or a \$499 one-year Revolutionaries of Wellbeing Gold membership*

*T&Cs apply

Powered by









Plus access EMA's Free Wellbeing resources