



CREATING THE BEST WORKPLACE CULTURE FOR A HEALTHY AND ENGAGED WORKFORCE

Natalie Jones
HR Director
Mars Food
Australia



MARS

MARS



Number 1 GPTW



Mars
Vision



GROWTH
WE ARE PROUD OF

MARS

Wellbeing is a holistic program

Physical
Nutritional
Mental
Financial
Environmental
Social
Purpose
Learning &
Development



MARS

Grow Beyond

“At Mars, first grow yourselves, then support the growth of those around you, and then we are all set to prosper,”

John Mars.

MARS



One billion
more healthy
meals at
dinner tables
around the
world by
2021

Better Food Today. A Better World Tomorrow.



MARS

Slide 8

MG2

Designer comment: Azelia - please remove background on product shot and bring to front.

Martin, Gillian, 24/10/2017



Helping
people find
their purpose
is both an
enabler and
driver of
wellbeing

“Our greatest challenge as human beings is identifying our ultimate challenge in life and then finding and following the path that will takes us there.”

—Dr Jim Loehr

MARS



Slide 10

WG1

Add Jom ;per quote

Webb, Gary, 29/10/2018

Helping people find their purpose is both an enabler and driver of wellbeing

“Our greatest challenge as human beings is identifying our ultimate challenge in life and then finding and following the path that will takes us there.”

—Dr Jim Loehr



Empower your
people to
develop
themselves
and others
holistically

Development like nowhere else

MARS



Health &
Wellbeing

Thrive because we care

MARS



Associate

Environment

Leadership

Permission to be you



Most
Important
predictor of
health
program
impact
and
participation

Build Healthy Leadership Practices



MARS

Learning how
to manage
energy levels
at all times &
for peak
performance

Shift towards Health, Energy & Resilience

MARS



Fitter & Slimmer



↑245%

Improvements
in aerobic
fitness

Happier



↑75%

Reduced
rates of
depression

Healthier



↑25%

Reduction in
all medical
measures

Energised



↑70%

More present and
productive. Fewer
injuries & sick days

Thrive

GROWTH
WE ARE PROUD OF

Thank you

- Natalie Jones, HR Director Mars Food Australia
- Dr Gary Webb, Global Associate Health & Wellbeing COE, Mars Inc.